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## **NORTHERN TRUST**

INVESTMENT | DEVELOPMENT | REGENERATION

### **PRESS RELEASE**

#### **FOR IMMEDIATE RELEASE**

Date: 22<sup>nd</sup> April 2010

### **DOUBLE LETTING SUCCESS AT LINDEN PARK!**

Northern Trust is delighted to announce two new lettings at their industrial development at Linden Park, Number One Industrial Estate, Consett.

Chris Cousin Interiors Ltd has taken occupation of Unit 3C covering 2,418 sq ft; whilst Spartan Performance has leased Unit 2A totalling 3,660 sq ft. Both deals were completed on 3 year lease agreements.

Chris Cousin Interiors Limited is an established family run business offering expertise in the manufacturing of kitchens, bedrooms and bathroom furniture. Coupled with a professional fitting service the majority of the company's work comes from recommendations.

Barry Nelson, Regional Property Manager for Whittle Jones, agents acting on behalf of Northern Trust commented "Chris and Louise Cousin were looking for high quality industrial premises as their business expanded. We are extremely pleased that the new units at Linden Park provide the right image and quality of factory space for them. Northern Trust were able to offer options on lease flexibility and price to Chris Cousin Interiors. Furthermore, the letting to Spartan Performance has resulted in a superb training facility at the development. The owner has made a considerable investment in fitting the premises out to a high standard and we wish him every success."

Jack Lovett, owner of Spartan Performance ([www.spartanperformance.co.uk](http://www.spartanperformance.co.uk)), has acquired Unit 2A. An ambitious and custom designed performance enhancement facility, Spartan Performance is a unique addition to North East England. Assisted by a dedicated team of professionals, Lovett's aim is to enhance the function, health and performance of all clients. Spartan Performance offers the following programmes for individuals and teams:

- Upper Body Strength Training
- Lower Body Strength Training
- Strongman Training
- Plyometric Training
- MMA Fight Preparation

- more -

- In season training for all athletes/teams
- Pre-Season preparation for all athletes/teams
- Police/Fireservice/Prison service/Military physical conditioning
- Kettlebell and TRX courses
- Self Defence and Personal Protection
- Spartan 'Boot Camp'
- Corporate training packages also available.

Spartan Performance also operates a physiotherapy & sports massage practice and a full timetable of high energy group fitness coaching sessions.

Mr Lovett said of his move "I have developed from training clients out of the back of my truck in car parks, to a purpose built facility catering to all. Linden Park has provided the perfect location to expand the business and offers first class premises for the training techniques."

Mark Proudlock, Associate at Knight Frank added "this is further evidence that the new development at Linden Park provides the perfect environment for new and young companies looking for high quality presentable business space to grow and succeed. It is particularly important in the current economic climate that good quality, competitively priced business units like Linden Park are available to help stimulate economic growth."

Linden Park lies within the established Number One Industrial Estate and occupies a prominent location fronting onto Werdohl Way. The scheme comprises 14 units ranging in size from 1,600 sq ft to 8,366 sq ft, designed to meet the needs of start up businesses and grow on space for small and medium enterprises (SMEs). Units can be combined to provide larger floor space up to a maximum of 13,834 sq ft. Now 40% let, Linden Park offers a total of 58,377 sq ft of new high quality industrial/warehouse accommodation on an already established estate. With the latest two lettings completed and a further 3 units under offer there are now only 5 units available with sizes ranging from 1,600 to 8,365 sq ft. Linden Park has benefited from gap funding support awarded by One North East supported by the County Durham Economic Partnership and Derwentside District Council.

Linden Park compliments Northern Trust's existing 684,000 sq ft of factory space on the Number Industrial Estate. The Number One Industrial Estate emerged in the early 1980s following the closure of the local steelworks. It has been an immensely successful regeneration project attracting a host of significant occupiers to the estate.

For further information or to arrange a viewing please contact one of the joint agents: Whittle Jones (0191 221 1999), Knight Frank (0191 221 2211) or DTZ (0191 223 5700)

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*Notes to Editors:* Press Enquiries to Rosalyn Booth/Jonathan Livesey, Northern Trust, 01257 238555.

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### **Northern Trust Co Ltd**

Northern Trust was established in 1962 and is now one of the UK's largest and most successful privately owned property investment, development and land regeneration companies.

Northern Trust's existing property portfolio is in excess of 8 million sq ft of industrial/trade and office parks and has more than 5,000 acres of land under ownership/management throughout the UK. Over 2 million sq ft has now been developed in over 40 locations, and Northern Trust continues to expand through all three areas of its property business.

Northern Trust has extensive experience of working with the public sector, with a large proportion of the portfolio originally acquired from the Regional Development Agencies. In addition, new regeneration/development partnerships have been entered into with various public bodies, to provide regeneration initiatives across the UK and employment premises for both Small and Medium Enterprises and larger occupiers.

Northern Trust has substantial funds available for new investment, development, and regeneration initiatives throughout the UK.

For further information on Northern Trust please visit our website at [www.northerntrust.co.uk](http://www.northerntrust.co.uk)

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